

A step-by-step
guide to using
the **SKYRIZI**[®]
(risankizumab)
pre-filled Pen

This information is intended for patients who have been prescribed SKYRIZI. It is a supplementary resource to the Consumer Medicine Information. If you have any questions about how to use your SKYRIZI Pen, speak to your specialist, pharmacist or nurse. You can also visit abbviecare.com.au for further support.


Skyrizi[®]
(risankizumab)

SKYRIZI has both benefits and risks. Always use SKYRIZI according to your doctor's advice. For more information, please refer to the Consumer Medicine Information (CMI) and if you have any questions please contact your healthcare professional. The CMI is available from your pharmacist, online at abbv.ie/au-sky-cmi or by calling AbbVie Pty Ltd on 1800 043 460.

AbbVie Medical Information

1800 043 460

9.00 am – 5.00 pm AEST (Monday to Friday)

AbbVie Care patient support program

abbviecare.com.au

AbbVie Care is a support program that has been created to help you make the most of your SKYRIZI treatment. It not only provides you with treatment support, but also practical tools and resources to support you on your treatment journey. To access this support all you need to do is enrol in the program – visit abbviecare.com.au and enter the access code 'myjourney' or the last 4 digits of the barcode on your SKYRIZI box.

Pen instructions

You can only use the Pen once. The single-use Pen comes preloaded with the exact dose of medicine inside, ready to inject. It also has a built-in needle.

Before you inject SKYRIZI

Talk to your specialist, pharmacist or nurse for help with SKYRIZI injections. You should receive training before giving yourself an injection.

Mark the dates on your calendar so you know when to next use SKYRIZI.

Do not inject if:

- The liquid in the inspection window is cloudy or contains flakes or large particles
- The expiration date has passed
- The liquid has been frozen (even if thawed)
- The Pen has been dropped or damaged



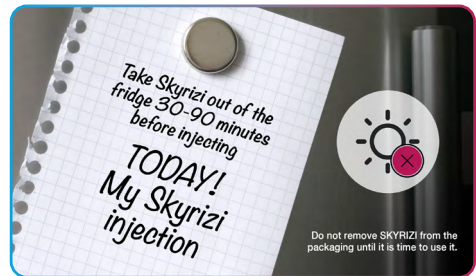
SKYRIZI Pen

STEP 1

Remove the SKYRIZI pre-filled Pen from the refrigerator and set up a clean space

Take the packaging out of the refrigerator and leave it at room temperature, out of direct sunlight, for 30 to 90 minutes before injecting.

Do not remove the Pen from the packaging while allowing SKYRIZI to reach room temperature.



Do not warm SKYRIZI in any other way. For example, do not warm it in a microwave or in hot water.

Gather the supplies for the injection and place the following on a clean, flat surface:

- 1 pre-filled Pen (provided)
- 1 alcohol pad (not provided – available from your local pharmacy)
- 1 cotton ball or gauze pad (not provided – available from your local pharmacy)
- Sharps container (not provided – available to order for free from abbviecare.com.au)

Wash and dry your hands.



STEP 2

Choose an injection site

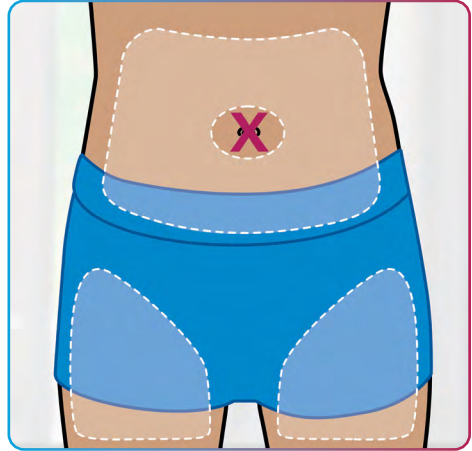
Choose from 3 areas to inject:

- Front of left thigh
- Front of right thigh
- Belly (abdomen) at least 5 cm from the belly button (navel)

Before the injection, wipe where you will inject in a circular motion with an alcohol pad.

Do not touch or blow on the injection site after it is cleaned. Allow the skin to dry before injecting.

Do not inject through clothes, into skin that is sore, bruised, red, hard, scarred, or has stretch marks, or into areas affected by psoriasis.



STEP 3

Prepare for the injection

1. Check the medicine is OK to use

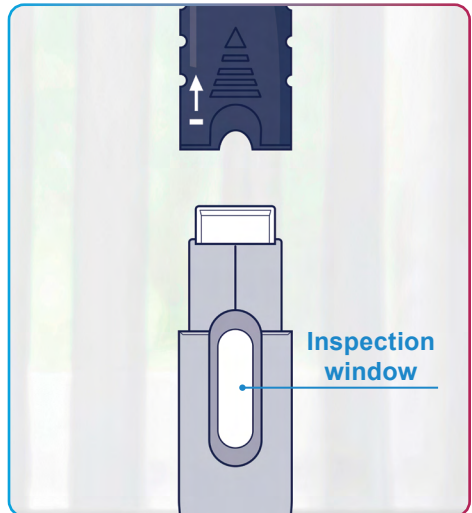
Check the liquid through the inspection window. It is normal to see bubbles in the liquid and it should look clear to yellow and may contain tiny white or clear particles.

- **Do not** use if the liquid is cloudy or contains flakes or large particles
- **Do not** use if liquid has been frozen (even if thawed).

2. Remove the cap

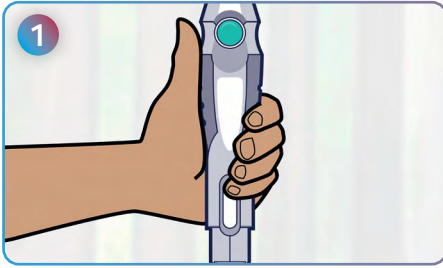
Hold the Pen with the dark grey cap pointing up, as shown.

- Pull the dark grey cap straight off (up and off in one swift motion)
- Throw the dark grey cap away

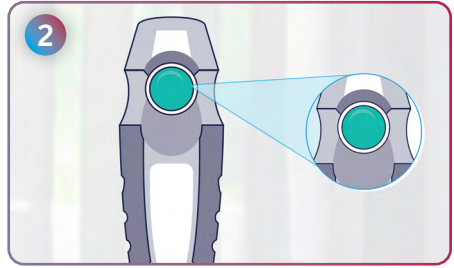


STEP 4

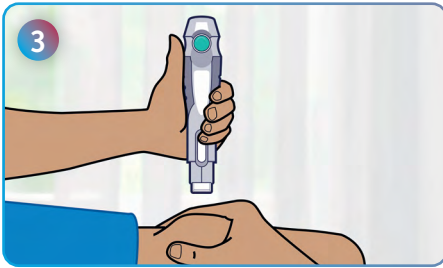
Give yourself the injection



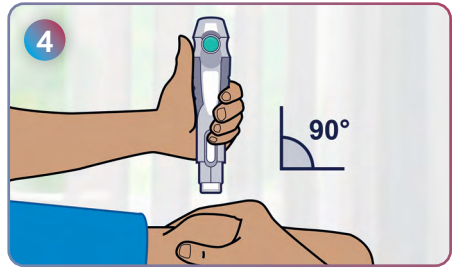
Hold the Pen with your fingers on the grey hand grips.



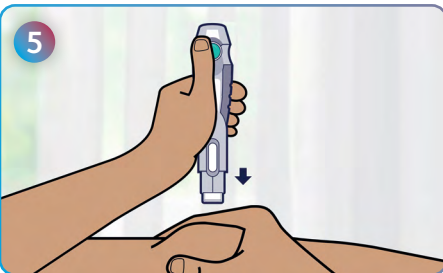
Turn the Pen so that the white needle sleeve points toward the injection site and you can see the green activator button.



Gently squeeze the skin at your injection site to make a raised area and hold it firmly.

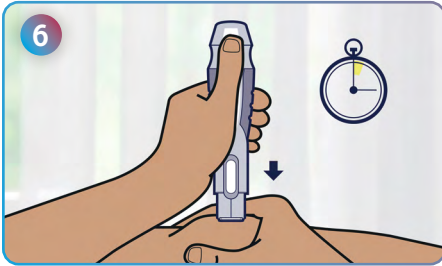


Place the white needle sleeve straight (at a 90-degree angle) against the raised injection site.



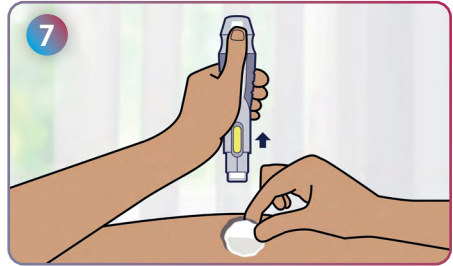
Push and keep pressing the Pen down against the raised injection site.

The Pen will activate only when the white needle sleeve is pressed down against the injection site. You will then be able to press the green activator button to start the injection.



Press the green activator button and hold for 15 seconds to complete the injection. A loud "click" means the start of the injection. Keep pressing the Pen down against the injection site.

The injection is complete when the Pen has made a second "click" or the yellow indicator has filled the inspection window. This takes up to 15 seconds.



When the injection is complete, slowly pull the Pen away from the skin. The white needle sleeve will cover the needle tip and make another "click".

Slight bleeding at the injection site is normal. After completing the injection, place a cotton ball or gauze pad on the skin at the injection site. **Do not rub the injection site.**

STEP 5

Dispose of the used Pen

Throw away the used Pen in a sharps container right after use. Do not throw away the used Pen in the household waste. Your specialist, pharmacist or nurse will tell you how to return the full sharps container.



If you need more support, visit abbviecare.com.au or contact your specialist, pharmacist or nurse.



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**Scan the QR code to watch
the injection training video**

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